



**DENTAL
PROFESSIONALS**
Whitesburg

Dental Professionals on Whitesburg

8315 Whitesburg Drive South
Huntsville AL 35802
office 256.883.6770
fax 256.883.8355

RDA VALUES

The RDA value (radioactive dentin abrasion or relative dentin abrasivity) is figured for every FDA approved toothpaste. The ADA recommended limit is 250, whereas the FDA limit is 200. Other factors that are taken into consideration are the size, quantity, and surface structure of the abrasive itself.

The RDA table:

0-70 = low abrasive	100-150 = highly abrasive
70-100 = medium abrasive	150-250 = regarded as harmful limit

TOOTHPASTES	RDA VALUE
Straight Baking Soda	7
Arm & Hammer Tooth Powder	8
Arm & Hammer Dental Care	35
Oxyfresh	45
Tom's of Maine Sensitive	49
Arm & Hammer Peroxicare	49
Rembrandt Original	53
CloSYS	53
Tom's of Maine	57
Children's Colgate	68
Regular Colgate Total	70
Sensodyne	79
Aim	80
Tooth and Gum Care	83
Colgate Sensitive Max	83
Strength Aquafresh Sensitive	91
Tom's of Maine Regular	93
Crest Regular	95

TOOTHPASTES	RDA VALUE
Metadent	103
Sensodyne Extra Whitening	104
Colgate Platinum	106
Crest Sensitivity	107
Colgate Herbal	110
Aquafresh Whitening	113
Arm & Hammer Tarter Control	117
Arm & Hammer Advance White Gel	117
Close-Up with Baking Soda	120
Colgate Whitening	124
Crest Extra Whitening	130
Ultra Brite Crest	133
MultiCare Whitening	144
Colgate Baking Soda	145
Whitening Pepsodent	150
Colgate Tarter Control	165
Colgate 2-in-1 Tarter Control White	200