

**Dental Professionals on Whitesburg  
8315 Whitesburg Drive, S  
Huntsville, AL 35802  
256-883-6770**

**AFTER CARE INFORMATION FOLLOWING DENTAL RESTORATION**

- Do not bite together or eat on fresh amalgam (silver) fillings for 2 or 3 hours or until the numbness is gone. When you do eat, chew on the opposite side of the mouth for the rest of the day to allow time for the filling to completely harden. Composite (white) fillings harden immediately and can be used as soon as the numbness goes away.**
- Children should be observed until the anesthetic wears off. Due to the strange feeling of the anesthetic, many children will chew the inside of their lips, cheeks or tongue which can cause serious damage.**
- Sensitivity, especially to cold, is common for a few days following a dental restoration. Usually, the deeper the cavity, the more sensitive the tooth will be. Sensitivity can be present for a few weeks.**
- Sensitivity is usually most noticeable the first 12 to 24 hours after the anesthetic wears off.**
- The gum tissue may feel irritated for a few days after the placement of a dental restoration. Occasionally, the injection site may even feel sore.**
- The finished restoration may be contoured slightly different and have a different texture than the original tooth. You will become accustomed to this in a few days. If, however, you feel the filling is “high” or doesn’t allow you to bite correctly, please call us immediately.**